

**NICHOLAS R. SHERWOOD, Ph.D.**  
**Curriculum Vitae**  
**18 January 2024**

George Mason University  
Visiting Scholar, Jimmy & Rosalynn Carter School for Peace & Conflict Resolution  
Mental Health and Psychosocial Support Advisor, Think Peace Learning and Support Hub  
Wellbeing Expert, The Parachute People

**Physical Address:**

3434 North Washington Boulevard  
Vernon Smith Hall, 5<sup>th</sup> Floor  
Arlington, VA, USA 22201

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3351 Fairfax Drive  
MS 4D3  
Arlington, VA, USA 22201

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Email: nsherwo@gmu.edu

**Pronouns:**

He/Him

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**EDUCATION**

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**2023 Ph.D., Conflict Analysis and Resolution**

George Mason University (GMU)

Dissertation: *Building Peace for the Peacebuilders: A Psychological Profile of Resilience within Insider Peacebuilders Supporting Reconciliation Processes in Global Conflicts*

Committee: Karina V. Korostelina, Ph.D. (Chair), Daniel Rothbart, Ph.D.,  
& Jessi Hanson-Defusco, Ph.D. (University of Texas at Dallas)

**2019 M.A., Anthropology of Peace and Human Rights**

University of Alabama at Birmingham (UAB)

Thesis: *Modeling Resilience in Resettled Syrian Refugees with Disabilities Living in the United States*

Committee: Tina Kempin Reuter, Ph.D. (Chair), Douglas P. Fry, Ph.D.  
& Peter Verbeek, Ph.D.

**2014 B.A., Psychology & Political Science**

Christopher Newport University (CNU)

Minors: Philosophy & Religious Studies; Human Rights & Conflict Resolution

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**RESEARCH INTERESTS**

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Resilience, wellbeing, and mental health within peacebuilding practitioners  
Trauma healing and transformation within marginalized populations  
Peri-/post-conflict reconciliation design and implementation  
Qualitative research methods and community-based / participatory action research

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## RESEARCH FACULTY APPOINTMENTS

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12/2023 – present     **Visiting Scholar**  
Carter School for Peace and Conflict Resolution  
George Mason University, Arlington, VA, USA

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## PUBLICATIONS

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\* Equal authorship

† Undergraduate co-author

### REFEREED JOURNAL ARTICLES

2020   Fletcher, F. E., **Sherwood, N. R.**, Rice, W. S., Ross, S. N., Wilson, T. E., Weiset, S. D., Johnson, M. O., Kempf, M. C., Konkle-Parker, D., Wingood, G., Turan, J. M. & Turan, B. Resilience and HIV treatment outcomes among minority women living with HIV in the U.S.: A mixed-methods analysis. *AIDS Patient Care and STDs*, 34(8), 356-366. DOI: [10.1089/apc.2019.0309](https://doi.org/10.1089/apc.2019.0309)

### UNDER REVIEW

Call-Cummings, M.\*, DeLury, M.\*, **Sherwood, N. R.\***, Vaughn, C.\* How to be an anti-racist... researcher: Developing and implementing the Anti-Racist Research Audit Tool. (*Journal of Higher Education and Outreach*)

### TECHNICAL REPORTS & HANDBOOKS

- 2021   Hill, O. T., **Sherwood, N. R.**, Johnston, A. & Vaughn, K.† *Understanding reconciliation theories of change (ToCs): A meta-synthesis*. United States Institute of Peace.
- 2020   **Sherwood, N. R.** *A self-care guide to surviving and thriving during COVID-19*. Mary Hoch Center for Reconciliation.  
<https://static1.squarespace.com/static/5d0d32005d7640000177b27d/t/5eab542e7f14be433ddfe743/1588286517395/Self-Care+Guide.pdf>
- 2014   Berry, T. D. & **Sherwood, N. R.** *Technical report proposing a new departmental position: The undergraduate coordinator for success (UCS)*. APLABS I-Design Press.

### POLICY PAPERS

2023   **Sherwood, N. R.**, Pentikäinen, A. Y., Adamson, H. J., Gjeloshi, B. & Mattix, M. K. *Policy brief II: Building insider reconcilers' wellbeing as a foundation for healing-centered reconciliation processes*. Mary Hoch Center for Reconciliation.

- Pentikäinen, A. Y., **Sherwood, N. R.**, Adamson, H. J., Gjeloshi, B. & Mattix, M. K. *Policy brief I: Support insider reconcilers in brokering peace and initiating healing-centered processes*. Mary Hoch Center for Reconciliation.
- 2021 **Sherwood, N. R.** *The Parachute People Policy: Dissemination of wristbands at TPP-sponsored festivals*. The Parachute People.
- 2020 Gopin, M., **Sherwood, N. R.**, Mohamed, A., Econa, D. & Zietz, P. S. *COVID-19 MEMO #1: Religious gatherings are global hotspots of COVID-19: Save lives through getting religions on board*. Center for World Religions, Diplomacy, and Conflict Resolution. <https://crdc.gmu.edu/wp-content/uploads/2019/10/religion-and-covid-policy-brief-final.pdf>

## CONFERENCE PROCEEDINGS

- 2021 **Sherwood, N. R.** Holistic wellbeing & humanitarian workers during COVID-19: Concepts, challenges & recommendations. *Proceedings from the 5<sup>th</sup> Human Rights Center Social Practice of Human Rights Conference*. University of Dayton.
- 2019 **Sherwood, N. R.** “Joy is an act of resistance”: Modeling resilience in resettled Syrian refugees with disabilities. *Proceedings from the 4<sup>th</sup> Human Rights Center Social Practice of Human Rights Conference*. University of Dayton.

## MANUSCRIPTS IN PREPARATION

- Sherwood, N. R.** Building peace for the peacebuilders: Psychological resilience within insider peacebuilders supporting reconciliation processes in global conflicts (Book).
- Sherwood, N. R.**, Hill, O. T., Sweigart, M., Johnston, A., Vaughn, K.†, Pentikäinen, A. Y. & Stauffer, C. Utilizing theories of change in reconciliation design and implementation: A critical synthesis of reconciliation program evaluations and practitioner surveys. (Journal article).
- Sherwood, N. R.** “Fighters with only sad stories to fight with”: The possibilities of a transformative mental health intervention in Gaza, Palestine. (Journal article).
- Sherwood, N. R.** Holistic wellbeing & humanitarian workers during COVID: Concepts, challenges & recommendations. (Journal article).
- Sherwood, N. R.**, Pentikäinen, A., Gjeloshi, B., Adamson, H., Kitchen, J., Hill, O. T. & Jackson, A. Who are insider reconcilers? A qualitative investigation into conceptions of reconciliation, strategies in the field, and wellbeing. (Journal article).
- Sherwood, N. R.** Whose resilience is it anyway? Towards a paradigm shift in resilience studies (Journal article).

## PUBLIC SCHOLARSHIP

- 2023 **Sherwood, N. R.**, Adamson, H. J.† & Mattix, M.† *Insider peacebuilders are needed to sustain peace*. <https://www.mhcr.gmu.edu/news/insider-peacebuilders-are-needed-to-sustain-peace-mhcr-presents-recommendations-to-peer-exchange-on-improving-support-for-insider-mediators>
- Sherwood, N. R.** *The cutting edge of mental health and peacebuilding: Reflecting on the Kenya co-creation workshop*. <https://www.mhcr.gmu.edu/news/the-cutting-edge-of-mental-health-and-peacebuilding-reflecting-on-the-kenya-co-creation-workshop>
- 2022 Mattix, M. K.† & **Sherwood, N. R.** *Social healing and peacebuilding in the Horn of Africa: Reflections of practitioners*. Mary Hoch Center for Reconciliation.

- <https://www.mhcr.gmu.edu/news/social-healing-and-peacebuilding-in-the-horn-of-africa-reflections-of-practitioners>
- Roberson, G.†, **Sherwood, N. R.** & Hill, O.T. *How can we support religious leaders during COVID? What MHCR learned from interviewing religious leaders around the globe.* Mary Hoch Center for Reconciliation. <https://www.mhcr.gmu.edu/news/how-can-we-support-religious-leaders-during-covid-what-mhcr-learned-from-interviewing-religious-leaders-across-the-globe>
- Sherwood, N. R.** & Cassar, C. *MHCR presents flagship research at the Carter School's Spring 2022 Peace Week: Who are insider reconcilers?* Mary Hoch Center for Reconciliation. <https://www.mhcr.gmu.edu/news/mhcr-presents-flagship-research-at-the-carter-schools-spring-2022-peace-week-who-are-insider-reconcilers>
- Sherwood, N. R.** *Empowering psychological and physical health for peacebuilders.* Transforming the Mind for Peace Laboratory. <https://carterschool.gmu.edu/research-impact/carter-school-peace-labs/transforming-mind-lab>
- 2021 **Sherwood, N. R.** *MHCR research helps define reconciliation: A reflection.* Mary Hoch Center for Reconciliation. <https://static1.squarespace.com/static/5d0d32005d7640000177b27d/t/617983d04442200e3141825f/1635353576898/2nd+Annual+Report+.pdf>
- 2020 **Sherwood, N. R.** *"Supported people support people".* Mary Hoch Center for Reconciliation. <https://www.mhcr.gmu.edu/news/supported-people-support-people-mhcrs-peer-learning-exchange-on-supporting-peacebuilders-during-covid>
- Jackson, A. & **Sherwood, N. R.** *A self-care guide for change-makers and peacebuilders during COVID-19.* Mary Hoch Center for Reconciliation. <https://static1.squarespace.com/static/5d0d32005d7640000177b27d/t/5e9ca44339f0f40fc872e522/1587323971950/Self-Care+Guide+Change-makers+and+Peacebuilders.pdf>
- Sherwood, N. R.** *MHCR's first handbook: A self-care guide to surviving and thriving during COVID-19.* Mary Hoch Center for Reconciliation. <https://www.mhcr.gmu.edu/news/mhcrs-first-handbook-a-self-care-guide-to-surviving-and-thriving-during-covid-19>
- Gopin, M., **Sherwood, N. R.**, Mohamed, A., Econa, D. & Zietz, P. S. *COVID-19 MEMO #1: Religious gatherings are global hotspots of COVID-19: Save lives through getting religions on board.* Center for World Religions, Diplomacy, and Conflict Resolution. <https://crdc.gmu.edu/wp-content/uploads/2019/10/MEMO-RELIGION-AND-COVID-FINALpdf.pdf>
- 2019 **Sherwood, N. R.** *Who's afraid of BDS?* Institute for Human Rights. <https://sites.uab.edu/humanrights/2019/08/22/whos-afraid-of-bds/>
- Sherwood, N. R.** *Australia: Dreaming of reconciliation.* Institute for Human Rights. <https://sites.uab.edu/humanrights/2019/05/22/australia-dreaming-of-reconciliation/>
- Sherwood, N. R.** *Health & the black body.* Institute for Human Rights. <https://sites.uab.edu/humanrights/2019/02/27/health-the-black-body/>
- Sherwood, N. R.** *Disability rights, employment, and housing in a cross-cultural perspective.* Institute for Human Rights. <https://sites.uab.edu/humanrights/2019/02/19/disability-rights-employment-and-housing-in-a-cross-cultural-perspective/>
- Sherwood, N. R.** *Justice(s) for crimes against humanity: The Uyghur Muslims in China.* Institute for Human Rights. <https://sites.uab.edu/humanrights/2019/02/08/justices-for-crimes-against-humanity-the-uyghur-muslims-in-china/>
- 2018 **Sherwood, N. R.** *The age of human rights?* Institute for Human Rights. <https://sites.uab.edu/humanrights/2018/12/10/the-age-of-human-rights/>
- Sherwood, N. R.** *#WhyIDidntReport: Reflections & moving forward from a survivor of sexual violence.* Institute for Human Rights.

- <https://cas.uab.edu/humanrights/2018/10/03/whydidntreport-reflections-moving-forward-from-a-survivor-of-sexual-violence/>
- Sherwood, N. R.** (2018). *Colors are ageless*. War Child USA. <http://warchildusa.org/2018/08/15/colors-are-ageless/>
- Sherwood, N. R.** *The new artist in Kirkuk*. War Child USA. <http://warchildusa.org/2018/05/31/the-new-artist-in-kiruk/>
- Sherwood, N. R.** *An American peacemaker*. Institute for Human Rights. <https://cas.uab.edu/humanrights/2018/04/04/an-american-peacemaker/>
- Sherwood, N. R.** *The responsibility to protect, revisited: Gun ownership in the United States*. Institute for Human Rights. <https://cas.uab.edu/humanrights/2018/03/22/the-responsibility-to-protect-revisited-gun-ownership-in-the-united-states/>
- Sherwood, N. R.** *Moving beyond 'victim'*. Institute for Human Rights. <https://cas.uab.edu/humanrights/2018/02/22/moving-beyond-victim/>
- 2017 **Sherwood, N. R.** *We don't listen to Arabs (but we should)*. Institute for Human Rights. <https://cas.uab.edu/humanrights/2017/11/17/dont-listen-arabs/>
- Sherwood, N. R.** *Partnership & peace: Riane Eisler visits UAB*. Institute for Human Rights. <https://cas.uab.edu/humanrights/2017/11/13/partnership-peace-riane-eisler-visits-uab/>
- Sherwood, N. R.** *Paying homage: Dignity despite difference*. Institute for Human Rights. <https://cas.uab.edu/humanrights/2017/10/19/paying-homage-dignity-despite-difference/>
- Sherwood, N. R.** *Why peace? Because dignity*. Institute for Human Rights. <https://cas.uab.edu/humanrights/2017/09/21/why-peace-because-dignity/>
- Sherwood, N. R.** *The spiritual power of nonviolence: A modern meditation on King's conviction*. Institute for Human Rights. <https://cas.uab.edu/humanrights/2018/01/15/spiritual-power-nonviolence-modern-meditation-kings-conviction/>
- Sherwood, N. R.** *The transgender military ban, part 2: Costs to the American transgender community*. Institute for Human Rights. <https://cas.uab.edu/humanrights/2017/08/03/transgender-military-ban-part-2-costs-american-transgender-community/>
- Sherwood, N. R.** *The transgender military ban, part 1: Costs to President Trump*. Institute for Human Rights. <https://cas.uab.edu/humanrights/2017/08/03/transgender-military-ban-part-1-costs-president-trump/>
- Sherwood, N. R.** *Moving towards environmental justice: The Flint water crisis & structural racialization*. Institute for Human Rights. <https://cas.uab.edu/humanrights/2017/08/01/moving-towards-environmental-justice-flint-water-crisis-structural-racialization/>
- Sherwood, N. R.** *Reconciling political spectacle and genuine empowerment*. Institute for Human Rights. <https://cas.uab.edu/humanrights/2017/06/28/reconciling-political-spectacle-genuine-empowerment/>
- Sherwood, N. R.** *Bullets, band-aids, or both: Ambassador Robert Ford visits UAB*. Institute for Human Rights. <https://cas.uab.edu/humanrights/2017/03/25/bullets-band-aids-ambassador-robert-ford-visits-uab/>
- Sherwood, N. R.** *Comparative politics and human rights*. Institute for Human Rights. <https://cas.uab.edu/humanrights/2017/02/03/comparative-politics-human-rights/>
- Sherwood, N. R.** *The arc of history bends towards justice*. Institute for Human Rights. <https://cas.uab.edu/humanrights/2017/01/27/492/>

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## GRANT FUNDING

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Total funded amount: US\$227,190

<u>ROLE</u>	<u>AGENCY</u>	<u>PROJECT TITLE</u>	<u>AMOUNT</u>	<u>DATES</u>
<b>EXTERNAL: FUNDED</b>				
PI	Bonnaroo Works Fund	<i>Mental Health Promotion through Arts-Based Approaches to Community Building</i>	\$6,000	3/2023-3/2024
Co-PI	Mary Hoch Foundation	<i>Insider Reconcilers: Conceptions of Reconciliation, Experience in the Field &amp; Impacts on Wellbeing</i>	\$5,000	2/2022-5/2022
Co-PI	Ministry of Foreign Affairs of Finland	<i>Peace and Trust in Communities in the Horn of Africa</i>	\$40,000	5/2022-12/2023
Co-PI	United States Institute of Peace	<i>Evidence Review: Understanding Reconciliation Theories of Change (ToCs)</i>	\$11,600	5/2021-5/2022
Co-PI	Al Amana Centre	<i>The Impact of COVID-19 on an International Sample of Religious Leaders: A Comparative Case Study</i>	\$4,200	5/2021-5/2022
Co-PI	Ministry of Foreign Affairs of Finland	<i>#Reconciliation – Towards Transformative Processes and Outcomes (extension)</i>	\$87,621	1/2021-4/2022
Co-PI	Ministry of Foreign Affairs of Finland	<i>#Reconciliation – Towards Transformative Processes and Outcomes (pilot)</i>	\$48,429	9/2020-12/2020
Co-PI	Center for Well-being and Resilience	<i>Creation of the Self-Care Guide to Surviving and Thriving During COVID-19</i>	\$5,000	4/2020-5/2020
<b>INTERNAL: FUNDED</b>				
<b>George Mason University</b>				
Co-PI	Office of Student Scholarship, Creative Activities & Research	<i>Undergraduate Research Scholars Program</i>	\$9,500	5/2022-8/2022
Co-PI	Office of Student Scholarship, Creative Activities & Research	<i>Undergraduate Research Scholars Program</i>	\$6,500	<b>DECLINED</b>
Co-I	Business for a Better World Center	<i>Bridging Divides in Social Movement for Peace &amp; Justice: A Comparative, Mixed-Methods Analysis of Two LGBTQ-Justice Movements in the US</i>	\$4,840	4/2022-9/2022

## UNFUNDED

Co-PI	US Department of State	<i>Supporting Efforts to Address Accountability, Justice, and the Rule of Law in Libya</i>	\$770,125
Co-PI	International Peace Research Association	<i>The Psychological Resilience of Insider Reconcilers</i>	\$4,488
Co-PI	GMU Office of Research, Innovation, and Economic Impact	<i>Redefining Reconciliation to Sustain Peace: A Qualitative Investigation of Grassroots Peacebuilders Engaged in Reconciliation Processes After Violent Conflict</i>	\$48,148
Co-PI	American Psychological Association Division 48	<i>The Psychological Resilience of Insider Reconcilers</i>	\$4,890
Co-PI	US Embassy of Finland	<i>Cross-Cultural Graduate Student Participatory Action Seminar: Strengthening Anti-Racist &amp; Decolonial Research &amp; Practice</i>	\$20,000
Co-PI	US Department of State	<i>Supporting Human Rights Defenders in Libya</i>	\$814,785

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## HONORS & AWARDS

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‡ Cancelled due to COVID-19

Total funding amount: US\$111,860

### YEAR AWARD

### AMOUNT

#### UNITED STATES FEDERAL GOVERNMENT

2023 **Presidential Management Fellows Finalist**  
US Office of Personnel Management

#### GEORGE MASON UNIVERSITY

2023	<b>Summer Dissertation Research Fellowship</b>	\$8,000
	Office of the Provost.	
	<b>Graduate Research Conference Travel Award</b>	\$300
	The Carter School, for presentation of research at <i>International Studies Association 2023 Convention</i> .	
	<b>Provost's Research Conference Travel Award</b>	\$1,000

	The Graduate School, for presentation of research at <i>International Studies Association 2023 Convention</i> .	
2022	<b>Summer Dissertation Research Fellowship</b> Office of the Provost.	\$8,000
	<b>Graduate Research Conference Travel Award</b> The Carter School, for presentation of research at <i>International Studies Association 2022 Convention</i> .	\$300
	<b>Provost's Research Conference Travel Award</b> The Graduate School, for presentation of research at <i>International Studies Association 2022 Convention</i> .	\$700
2021	<b>Mary Lynn Boland Award for Outstanding Student Service</b> The Carter School.	\$250
	<b>Graduate Research Conference Travel Award</b> The Graduate School, for presentation of research at <i>Social Practice of Human Rights 2021 Conference</i> .	\$50
	<b>Preparing for Careers in the Academy Scholarship</b> Office of the Provost and Stearns Center for Teaching and Learning.	\$3,160
	<b>Summer Supplemental Scholarship (declined)</b> Office of Graduate Education.	\$1,500
2020	<b>Research &amp; Practice Fellowship</b> Mary Hoch Center for Reconciliation and The Carter School.	\$19,200
	<b>James H. Laue Memorial Endowed Scholarship</b> The Carter School.	\$1,500
	<b>Summer Research Fellowship</b> Center for World Religions, Diplomacy, and Conflict Resolution.	\$2,000
	<b>Study Abroad Scholarship: Field Work with Syrian Refugees in Jordan‡</b> Center for World Religions, Diplomacy, and Conflict Resolution.	\$700
	<b>Provost's Research Conference Travel Award‡</b> The Graduate School, for presentation of research at <i>International Studies Association 2020 Convention</i> .	\$450
	<b>Graduate Research Conference Travel Award‡</b> The Carter School, for presentation of research at <i>International Studies Association 2020 Convention</i> .	\$300
	<b>Graduate Research Assistantship</b> The Carter School, spring semester.	\$8,000
2019	<b>Honorary Representative to the Al Amana Centre</b> Al Amana Centre, for participation in the <i>Retreat for Spiritual Reconcilers</i> .	\$3,000
	<b>Provost's Research Conference Travel Award</b> The Graduate School, for presentation of research at <i>Social Practice of Human Rights 2019 Conference</i> .	\$300
	<b>Graduate Research Conference Travel Award</b> The Carter School, for presentation of research at <i>Social Practice of Human Rights 2019 Conference</i> .	\$300
	<b>International Studies Association Workshop Grant‡</b> International Studies Association, for presentation of research at <i>International Studies Association 2020 Convention</i> .	\$400
	<b>Graduate Research Assistantship</b> The Carter School, fall semester.	\$8,000



## UNIVERSITY OF ALABAMA AT BIRMINGHAM

- 2019 **Phi Kappa Phi International Honors Society**  
The Graduate School.  
**Graduate Research Award** \$1,200  
Social Science Research Laboratory, Department of Psychology.  
**Graduate Teaching Assistantship** \$7,000  
Department of Anthropology, spring semester.
- 2018 **Graduate Teaching Assistantship** \$17,500  
Department of Anthropology, spring, summer, and fall semesters.
- 2017 **Graduate School Conference Scholarship** \$300  
Department of Anthropology, for presentations of research at *Peace and Justice Studies Association Conference*.  
**United Nations Certificate of Appreciation**  
The United Nations Secretariat for the Convention on the Rights of Persons with Disabilities, for contributions at the *10<sup>th</sup> Session of the Conference of States Parties to the Convention of the Rights of Persons with Disabilities*.  
**United Nations Travel Scholarship** \$600  
The Institute for Human Rights, for contributions at the *10<sup>th</sup> Session of the Conference of States Parties to the Convention of the Rights of Persons with Disabilities*.  
**Graduate Research Conference Scholarship** \$300  
The Institute for Human Rights, for presentation of research at *Cultivating Peace: A Virginia Tech Student Research Symposium on Violence Prevention*.  
**Graduate Teaching Assistantship** \$14,000  
Department of Anthropology, spring and fall semesters.

## CHRISTOPHER NEWPORT UNIVERSITY

- 2013 **Honorary Representative to the State of Virginia Governor's Office** \$250  
Department of Political Science, for attendance at the Virginia Department of Criminal Justice Service's *Commonwealth of Virginia's 2013 Governor's Summit on Human Trafficking*.  
**Honorary Representative to the US State Department** \$250  
Department of Political Science, for attendance at the United States Department of State's *The United States' Effort in the Global Fight to Combat Contemporary Forms of Slavery*.  
**Undergraduate Conference Travel Award** \$300  
Department of Psychology, for presentation of research at the *Association for Psychological Science 2013 Convention*.
- 2011 **Alpha Psi Omega Honor Society**  
Department of Theater and Dance.

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## FELLOWSHIPS

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- 2023 **Summer Dissertation Research Fellowship (Non-Residential)**  
Office of the Provost  
George Mason University, Arlington, VA, USA

- 2022      **Summer Dissertation Research Fellowship** (Non-Residential)  
Office of the Provost  
George Mason University, Arlington, VA, USA
- 2020      **Research & Practice Fellow** (Residential)  
Mary Hoch Center for Reconciliation  
George Mason University, Arlington, VA, USA
- 2018      **Senior Research Fellow** (Non-Residential)  
War Child USA, Toronto, ON, Canada
- 2017 – 2018      **Sparkman Fellow** (Residential)  
Sparkman Center for Global Health  
University of Alabama at Birmingham, Birmingham, AL, USA

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## CONFERENCE PRESENTATIONS

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\* Equal authorship

† Undergraduate co-author

‡ Cancelled due to COVID-19

### PANELS CHAIRED

- 2023      **Sherwood, N. R.**, Gjeloshi, B., Dakoala, W. A., Adamson, H. J.†, Ali, G. A.† & Pentikäinen, A. Y. *New Frontiers in the Wellbeing of Reconciliation Practitioners*. Carter School Spring 2023 Peace Week, George Mason University, virtual.  
**Sherwood, N. R.** *Why international relations needs mental health: A new nexus of research, theory, and practice*. International Studies Association 2023 Convention, Montréal, Canada.
- 2022      **Sherwood, N. R.**, Mattix, M. M.†, Adamson, H. J.†, Hill, O. T., Gjeloshi, B., Cassar, C. & Pentikäinen, A. *Training the next generation of reconciliation experts: Scholarship, mentorship & professional development at the Mary Hoch Center for Reconciliation*. International Association for Reconciliation Studies Conference, 2022, Arlington, VA, USA.  
**Sherwood, N. R.**, Michael, K., Walter, R., Holgado, R., Goffe, A. & Cassar, C. *A new realm of peacebuilding: Exploring the intersection of community, play, wellbeing & resilience*. Carter School Fall 2022 Peace Week at George Mason University, virtual.  
**Sherwood, N. R.**, Gjeloshi, B., Adamson, H. J.†, Hill, O. T., Kitchen, J. K. & Pentikäinen, A. Y. *Who are insider reconcilers? A qualitative exploration of grassroots peacebuilders engaged in intergroup reconciliation processes after violent conflict*. International Association for Reconciliation Studies Conference 2022, Arlington, VA, USA.  
**Sherwood, N. R.**, Adamson, H. J.†, Cassar, C. Hill, O. T., Gjeloshi, B., Mattix, M. K.†, Namachanja Wanjala, T., Olad, R. A., Stauffer, C. & Pentikäinen, A. Y. *Who are insider reconcilers? Binding the theory and practice of reconcilers operating in their own communities*. Carter School Spring 2022 Peace Week at George Mason University, virtual.

- 2021 **Sherwood, N. R.**, Jackson, A., Olad, R., Lewis O'Donnell, M. & El Tayar, M. *The psychological wellbeing of peacebuilders during COVID: The impact of peer support groups*. American Psychological Association 2021 Convention, virtual.
- 2019 **Sherwood, N. R.** *Disability law and policy: Local, national, and global perspectives*. Institute for Human Rights 2019 Symposium on Disability Rights at the University of Alabama at Birmingham, Birmingham, AL, USA.
- 2018 **Sherwood, N. R.** *Student presentations: Bystanders and complicity research*. Institute for Human Rights 2018 Symposium on Bystanders and Complicity in Nazi Germany and the Jim Crow South at the University of Alabama at Birmingham, Birmingham, AL, USA.

## PAPERS PRESENTED

- 2023 **Sherwood, N. R.**, Sweigart, M. M. & Hill, O. T. *International reconciliation in conflict zones: Theories of change or change without theory?* International Studies Association 2023 Convention, Montréal, Canada.  
**Sherwood, N. R.** *Psychological resilience within insider peacebuilders: Promoting the mental health of grassroots change agents facilitating post-conflict reconciliation*. International Studies Association 2023 Convention, Montréal, Canada.
- 2022 DeLury, M.\*, **Sherwood, N. R.\*** & Vaughn-Guy, C.\* *How to be an anti-racist... research: Developing and implementing the Anti-Racist Research Audit Tool*. American Education Research Association 2022 Annual Meeting, virtual.  
**Sherwood, N. R.** *Holistic wellbeing & humanitarian workers during COVID-19: Concepts, challenges & recommendations*. International Studies Association 2022 Convention, Nashville, TN, USA.  
**Sherwood, N. R.**, Hill, O. T., & Pentikäinen, A. Y. *The impact of COVID-19 on an international sample of religious leaders: A comparative case study approach*. International Studies Association 2022 Convention, Nashville, TN, USA.
- 2021 **Sherwood, N. R.** *Holistic wellbeing & humanitarian workers during COVID-19: Concepts, challenges & recommendations*. Social Practice of Human Rights 2021 Conference at the University of Dayton, Dayton, OH, USA.  
Adamson, H. J.†, **Sherwood, N. R.** & Hill, O. T. *Who are insider reconcilers? A qualitative investigation of local peacebuilders engaged in international reconciliation processes*. International Studies Association North-East Virtual Convention, virtual.  
**Sherwood, N. R.** *Holistic wellbeing & humanitarian workers during COVID: Concepts, challenges & recommendations*. Benjamin V. Cohen 2021 Peace Conference, virtual.  
**Sherwood, N. R.**, Hill, O. T. & Pentikäinen, A. Y. *Who are insider reconcilers? A person-centered ethnographic investigation*. Benjamin V. Cohen 2021 Peace Conference, virtual.  
Hill, T. O., **Sherwood, N. R.** & Pentikäinen, A. Y. *Reconciliatory approaches to conflict resolution: Approximating expert knowledge using the Delphi method*. Benjamin V. Cohen 2021 Peace Conference, virtual.  
**Sherwood, N. R.**, Hill, O. T. & Pentikäinen, A. Y. *Who are insider reconcilers? A mixed methods investigation of their theory of change, strategies & wellbeing in the field*. International Studies Association 2021 Convention, virtual.  
Hill, O. T., **Sherwood, N. R.** & Pentikäinen, A. Y. *Towards a new agenda of reconciliation research and practice: Utilizing the Delphi method to synthesize practitioner and scholar reconciliation models*. International Studies Association 2021 Convention, virtual.  
Hill, O. T., **Sherwood, N. R.**, Pentikäinen, A. Y. *Reconciliatory approaches to conflict resolution: Approximating expert knowledge using the Delphi method*. George Mason University 2021 Graduate Interdisciplinary Conference, virtual.

- Sherwood, N. R.**, Hill, O. T. & Pentikäinen, A. Y. *The impact of COVID on an international sample of religious leaders: A comparative case study approach*. George Mason University 2021 Graduate Interdisciplinary Conference, virtual.
- 2020 Hill, O. T., **Sherwood, N. R.** & Pentikäinen, A. Y. *Reconciliatory approaches to conflict resolution: Approximating expert knowledge using the Delphi method*. International Studies Association Northeast 2020 Conference, virtual.
- 2019 **Sherwood, N. R.** *“Joy is an act of resistance”*: Modeling resilience in resettled Syrian refugees with disabilities. Social Practice of Human Rights 2019 Conference at the University of Dayton, Dayton, OH, USA.
- Sherwood, N. R.** & Hajazin, A. D.† *Resettled Syrian refugees with disabilities: A human rights-based approach*. Institute for Human Rights 2019 Symposium on Disability Rights at the University of Alabama at Birmingham, Birmingham, AL, USA.
- 2017 **Sherwood, N. R.** *As above, so below: A synthesis of conflict transformation theory and the role of agency for social change after group trauma*. Peace and Justice Studies Association 2017 Conference at the University of Alabama at Birmingham, Birmingham, AL, USA.
- Rountree, A. S. & **Sherwood, N. R.** *Post-conflict Kosovo: The implications and challenges of a global peace cycle*. Peace and Justice Studies Association 2017 Conference at the University of Alabama at Birmingham, Birmingham, AL, USA.
- Sherwood, N. R.** & Rountree, A. S. *Post-conflict Kosovo: The implications and challenges of a global peace cycle*. Cultivating Peace: A Virginia Tech Student 2017 Research Symposium on Violence Prevention at Virginia Polytechnic Institute and State University, Roanoke, VA, USA.
- 2016 **Sherwood, N. R.** *The reintegration of human trafficking survivors: A new model*. Convention of the Behavioral Sciences 2016 at the University of Georgia, Athens, GA, USA.
- 2013 Burns, D.†, **Sherwood, N. R.**, DeMoss, A.† & Schwartz, N. *Cognitive deterioration following emotional stress from simulated combat*. Paideia Undergraduate and Graduate Student 2013 Research Conference at Christopher Newport University, Newport News, VA, USA.

## POSTERS PRESENTED

- 2021 Adamson, H. J.†, **Sherwood, N. R.**, Hill, O. T., Jackson, A. & Pentikäinen, A. Y. *Who are insider reconcilers? A qualitative investigation of local peacebuilders engaged in international reconciliation processes*. Florida Psychological Association Division of Graduate Students 2021 Conference, virtual.
- 3<sup>rd</sup> place, 2021 Florida Psychological Association’s Division of Graduate Students Poster Competition.
- Sherwood, N. R.** *Holistic wellbeing & humanitarian workers during COVID-19: Concepts, challenges & recommendations*. Florida Psychological Association Division of Graduate Students 2021 Conference, virtual.
- Sherwood, N. R.** *Holistic wellbeing & humanitarian workers during COVID: Concepts, challenges & recommendations*. American Psychological Association 2021 Convention, virtual.
- Sherwood, N. R.** *“Fighters with only sad stories to fight with”*: The possibilities of a transformative mental health intervention in Gaza, Palestine. International Studies Association 2021 Convention, virtual.
- 2020 **Sherwood, N. R.** *Towards inclusive resilience: Challenges, syntheses, and guidance for future research*. American Psychological Association 2020 Convention, virtual.

- 2014 **Sherwood, N. R.**†, Zeigler, L.† & Berry, T. *The motives and incentives of sex traffickers: A new and necessary approach*. Marcus Undergraduate and Graduate 2014 Research Conference at Sweet Briar College, Sweet Briar, VA, USA.  
 Zeigler, L.†, **Sherwood, N. R.**† & Berry T. *The influence of nature reverence on mental health in an indigenous Quechuan community: Potential insights for traditional Western psychotherapy*. Marcus Undergraduate and Graduate 2014 Research Conference at Sweet Briar College, Sweet Briar, VA, USA.  
**Sherwood, N. R.**†, Zeigler, L.† & Berry, T. *Allostasis and the survivor's reaction to sex trafficking*. Paideia Undergraduate and Graduate 2014 Research Conference at Christopher Newport University, Newport News, VA, USA.  
 Zeigler, L.†, **Sherwood, N. R.**† & Berry, T. *The effect of environmental, contextual, and cultural factors on mental health in Pakistan*. Paideia Undergraduate and Graduate 2014 Research Conference at Christopher Newport University, Newport News, VA, USA.
- 2013 Burns, D.†, **Sherwood, N. R.**†, DeMoss, A.† & Schwartz, N. *Cognitive deterioration following emotional stress from simulated combat*. Association for Psychological Science 2013 Convention, Washington, DC, USA.

## DISCUSSANT & ROUNDTABLES

- 2023 Mattix, M., **Sherwood, N. R.**, Adamson, H. J., Sachare, D., Pentikäinen, A. Y. *Psychological first aid for emerging practitioners*. Carter School Fall 2023 Peace Week at George Mason University, virtual.
- 2022 Sklarew, D.\*, Witte, J.\*, Sweigart, M. M.\*, **Sherwood, N. R.**\*, Austin, L.\*, Nichols, L.\* & Gring-Pemble, L.\* *17 Rooms U at George Mason University*. Future Earth's 2022 Sustainability Research and Innovation Congress, virtual.  
 Hauber-Özer, M., DeLury, M., **Sherwood, N. R.**, Vaughn-Guy, C., Dazzo, G., Call-Cummings, M., Hassell-Goodman, S. *Explicitly anti-racist research: Exploring possibility and necessity*. American Education Research Association 2022 Annual Meeting, virtual.  
 Rothbart, D., Price, M., Gjeloshi, B., Sneary Alabanza, S., **Sherwood, N. R.**, Kitchen, J., Farris, T. & Stebbins, D. *Minds of violence, minds of peace: Ground-breaking discoveries for peacebuilders*. Carter School Spring 2022 Peace Week at George Mason University, virtual.
- 2021 Rothbart, D., Fitzduff, M., Alexander, N. Farris, T., Kraenbring, N., Price, M., Gjeloshi, B., Sneary Alabanza, S. & **Sherwood, N. R.** *Transforming the mind for peace*. Carter School Fall 2021 Peace Week at George Mason University, virtual.
- 2017 Reuter, T. K., Fry, D. P., Rountree, A. S., **Sherwood, N. R.**, Antranet, D., Hicks-Stewart, L. Beard, C. & Smith, D. J. *UAB peace and human rights studies*. Peace and Justice Studies Association 2017 Conference at the University of Alabama at Birmingham, Birmingham, AL, USA.

## ACCEPTED FOR PRESENTATION

- 2024 **Sherwood, N. R.** *Building peace for the peacebuilders: Promoting the wellbeing of insider peacebuilders participating in a transnational community of practice*. International Studies Association 2024 Convention, San Francisco, USA.  
**Sherwood, N. R.** *Why international relations needs mental health, part II: Mental health, political institutions & culture*. International Studies Association 2024 Convention, San Francisco, USA.

- Sherwood, N. R.** & Gjeloshi, B. *Who are insider reconcilers? Developing the theory of Lederach's "insider-partials" and its implications for specialized peacebuilding practice.* International Studies Association 2024 Convention, San Francisco, USA.
- Sherwood, N. R.** *Peacebuilding from the inside.* International Studies Association 2024 Convention, San Francisco, USA.
- 2023 **Sherwood, N. R.** *"Quiet but persistent": US President Jimmy Carter, the peacemaker.* Jimmy and Rosalynn Carter Peacemakers and Leaders for Change Symposium, George Mason University, Arlington, VA, USA.
- Sherwood, N. R.** *Psychological resilience within peacebuilders supporting reconciliation processes in global conflicts.* Society for the Psychological Study of Social Issues 2023 Conference, Denver, CO, USA.
- 2022 Gjeloshi, B., **Sherwood, N. R.**, Kitchen, J. K., Adamson, H. J.†, Hill, O. T. & Pentikäinen, A. Y. *Local wits of peace: A qualitative investigation of local peacebuilders engaged in international reconciliation processes.* Peace and Conflict Studies Journal Conference 2022, Nova Southeastern University, Fort Lauderdale, FL, USA.
- Sherwood, N. R.**, Gjeloshi, B., Kitchen, J. K., Adamson, H. J.†, Hill, O. T. & Pentikäinen, A. Y. *Who are insider reconcilers? A qualitative exploration of peacebuilders reconciling violent conflict.* American Psychological Association 2022 Convention, Minneapolis, MN, USA.
- Sherwood, N. R.** *The possibilities of a transformative mental health intervention in Gaza, Palestine.* American Psychological Association 2022 Convention, Minneapolis, MN, USA.
- Kitchen, J. K., **Sherwood, N. R.**, Hill, O. T., Adamson, H.† & Pentikäinen, A. Y. *Who are insider reconcilers? A qualitative investigation of local peacebuilders engaged in international reconciliation processes.* Society for Cross-Cultural Research 2022 Annual Meeting, San Diego, CA, USA.
- 2021 **Sherwood, N. R.**, Jarque, G., Jenkins, J. & Schwartz, D. *Building resilient communities: Insights from two experiential workshops at Bonnaroo Music Festival in 2019 and 2021.* International Conference on Psychology, Counseling and Education 2021, virtual.
- Sherwood, N. R.** *The possibilities of a transformative mental health intervention in Gaza, Palestine.* Conflict Research Society 2021 Conference, virtual.
- Sherwood, N. R.** *Holistic wellbeing & humanitarian workers during COVID: Concepts, challenges & recommendations.* George Mason University Graduate Interdisciplinary 2021 Conference at George Mason University, Fairfax, VA, USA.
- Gopin, M. & **Sherwood, N. R.** *Compassionate Reasoning: A new peacebuilding practice incorporating insights on ethics from psychology and public health.* International Studies Association 2021 Convention, virtual.
- Shedd, J., de Coning, C., Olson, L., Silburt, A., Mesjasz, C., Wilkinson, D., Millar, G., Gregorian, H., Posposil, J., Smith, J. M., Piereder, J., Brosig, M., Lawrence, M. M., **Sherwood, N. R.**, Tombe, S., Pike, T. & Ilunga, Y. Y. *Complexity / complex systems research in peace and conflict studies.* International Studies Association 2021 Convention, virtual.
- 2020 **Sherwood, N. R.**, Andrews, C., Eloubideh, S. & Reuter, T. K. *Resettled Syrian refugees with disabilities: A comparative analysis of health, inclusion, access to services, and resilience.* American Psychological Association 2020 Convention, Washington, DC, USA.
- Sherwood, N. R.** *Whose resilience is it anyway? Towards a paradigm shift in resilience studies.* George Mason University Graduate 2020 Interdisciplinary Conference at George Mason University, Fairfax, VA, USA.
- Shedd, J., de Coning, C., Olson, L., Silburt, A., Mesjasz, C., Wilkinson, D., Millar, G., Gregorian, H., Posposil, J., Smith, J. M., Piereder, J., Brosig, M., Lawrence, M. M., **Sherwood, N. R.**, Tombe, S., Pike, T. & Ilunga, Y. Y. *Complexity / complex systems research in*

- peace and conflict studies*. International Studies Association 2020 Convention, Honolulu, HI, USA.‡
- Reuter, T. K. & **Sherwood, N. R.** *The health situation, access, and inclusion of Syrian refugees with disabilities in Jordan and Turkey*. International Studies Association 2020 Convention, Honolulu, HI, USA.‡
- 2019 **Sherwood, N. R.** & Reuter, T. K. *Patience is the key to relief: A comparative analysis of health, access, inclusion, and resilience in Syrian refugees with disabilities*. International Studies Association 2019 South Conference at Rhodes College, Memphis, TN, USA.
- Sherwood, N. R.** *Moving beyond 'victim': A reconsideration of human trafficking discourse*. Center for Human Rights and Civil Liberties 2019 Conference on Human Trafficking at the University of Southern Mississippi, Hattiesburg, MS, USA.
- 2018 **Sherwood, N. R.** *The oasis of peace: Interpersonal and political reconciliation in Neve Shalom / Wabat al-Salam*. International Studies Association 2018 South Ashland Conference at Randolph-Macon College, Ashland, VA, USA.

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## INVITED TALKS

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### EXTERNAL

- 2023 **Sherwood, N. R.** *The Mary Hoch Center for Reconciliation and the Power of Insider Reconcilers in Global Reconciliation Processes*. Conflict Early Warning Analytics & Policy Project, McCormack Graduate School of Policy and Global Studies, University of Massachusetts – Boston. Virtual.
- Sherwood, N. R.** & Adamson, H. J. *Insider peacebuilders are needed to sustain peace*. Peer Exchange on improving support for Insider Mediators. European Commission's Service for Foreign Policy Instrument (FPI), European External Action Service (EEAS), Think Peace Hub, United Nations Development Programme (UNDP), and United States Institute of Peace (USIP). Virtual.
- 2021 **Sherwood, N. R.** & Rausch, C. *Human centered peacebuilding: The importance of building resilience & understanding neuroscience*. #reconciliation Living Room for Mediators and Peacebuilders. Virtual.
- Sherwood, N. R.**, Hill, O. T., Johnston, A. & Vaughn, K. *Evidence review: MHCR's understanding of reconciliation theories of change (ToCs)*. United States Institute of Peace. Washington, DC, USA.

### CAMPUS OR DEPARTMENTAL

- 2023 **Sherwood, N. R.** *Building peace for the peacebuilders: Participatory action research (PAR) protocols at the intersection of peacebuilding practice & mental health promotion*. Action Research Working Group, George Mason University, virtual.
- 2021 **Sherwood, N. R.** *RCID Lab methodology workshop: Participatory action research (PAR)*. Reconciling Conflict and Intergroup Divisions Lab, George Mason University, virtual.
- 2020 Htewish, M. & **Sherwood, N. R.** *What is humanitarian aid?* Carter School for Peace and Conflict Resolution, George Mason University, virtual.
- Sherwood, N. R.** *The power and importance of networking*. Carter School for Peace and Conflict Resolution, George Mason University, virtual.

- Sherwood, N. R.** & Gentry, M. *Center for World Religions, Diplomacy, and Conflict Resolution (CRDC) study abroad opportunities*. 2020 Undergraduate Career Fair, George Mason University, Arlington, VA, USA.
- 2018 **Sherwood, N. R.** *Introduction to human rights concepts and professions*. Students for Human Rights student association, The University of Alabama at Birmingham, Birmingham, AL, USA.
- 2014 **Sherwood, N. R.** *Introduction to sex trafficking: Biological stress, psychological trauma, and social reintegration*. Where Is The Line student association, Christopher Newport University, Newport News, VA, USA.

## WEBINARS & PODCASTS

- 2021 Rausch, C., Geddes, J., Ali, A., Htewish, M., **Sherwood, N. R.** & Pentikäinen, A. Y. *Peacebuilding at home: Identifying the needs of local peacebuilders*. Mary Hoch Center for Reconciliation, Arlington, VA, USA.
- Sherwood, N. R.** & Walter R. R. *Mental fitness Mondays: Resilience & peacebuilding*. Rise Mental Fitness Studios, Columbus, OH, USA.
- 2020 Schirch, L., Gopin, M., D'Amore, L., Butera, I., Gopin, C. & **Sherwood, N. R.** *International webinar on world peace and conflict resolution through music, dance, and dialogue*. Earthdance Event Vision 2020 Co-Manifestival, San Francisco, CA, USA.

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## RESEARCH EXPERIENCE

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### UNIVERSITY / ACADEMIC

- 8/2021 – present      **Research Affiliate**  
 PI: Karina V. Korostelina, Ph.D.  
 Reconciling Conflicts and Intergroup Divisions Peace Laboratory  
 George Mason University, Arlington, VA, USA
- 8/2021 – present      **Team Leader**  
 PI: Daniel Rothbart, Ph.D.  
 Transforming the Mind for Peace Laboratory  
 George Mason University, Arlington, VA, USA
- 1/2021 – 7/2021      **Research Officer**  
 PI: Antti Pentikäinen, M.Th.  
 Mary Hoch Center for Reconciliation  
 George Mason University, Arlington, VA, USA
- 8/2019 – 7/2020      **Graduate Research Assistant**  
 PIs: Marc Gopin, Ph.D. & Karina V. Korostelina, Ph.D.  
 Center for World Religions, Diplomacy, and Conflict Resolution  
 The Carter School for Peace and Conflict Resolution  
 George Mason University, Arlington, VA, USA
- 6/2018 – 8/2019      **Lab Manager**



PI: Bulent Turan, Ph.D.  
Social Science Research Lab  
The University of Alabama at Birmingham, Birmingham, AL, USA

1/2018 – 10/2018

**Research Assistant**

PI: Juliëtte Schaafsma, Ph.D.  
Political Apologies Across Cultures  
Tilburg University, Tilburg, Netherlands

8/2017 – 6/2018

**Research Associate**

PI: Bulent Turan, Ph.D.  
Social Science Research Lab  
The University of Alabama at Birmingham, Birmingham, AL, USA

1/2017 – 8/2019

**Research Associate**

PI: Tina Kempin Reuter, Ph.D.  
Institute for Human Rights  
The University of Alabama at Birmingham, Birmingham, AL, USA

8/2015 – 4/2016

**Research Assistant**

PI: Brian Hoffman, Ph.D.  
Leadership and Performance Dynamics Lab  
University of Georgia, Athens, GA, USA

8/2013 – 12/2014

**Data Manager**

PI: Thomas D. Berry, Ph.D.  
Applied Psychology Lab  
Christopher Newport University, Newport News, VA, USA

8/2013 – 12/2014

**Research Associate**

PI: Thomas D. Berry, Ph.D.  
Applied Psychology Lab  
Christopher Newport University, Newport News, VA, USA

4/2012 – 8/2013

**Research Assistant**

PI: Noah Schwartz, Ph.D.  
Visual Cognition Lab  
Christopher Newport University, Newport News, VA, USA

**NON-GOVERNMENTAL ORGANIZATIONS**

11/2020 – 3/2021

**Research Assistant**

Supervisor: Becca Pugh  
Peace Catalyst International, Washington, DC, USA

6/2020 – 6/2022

**Research Assistant**

Director: Rev. Justin Meyers (formerly Aaro Rytönen)  
The Al Amana Centre, Muscat, Oman

8/2013 – 7/2015

**Research Associate**

CEO and President: Rosemary Tribble

Fear 2 Freedom, Newport News, VA, USA

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**UNIVERSITY TEACHING, MENTORING & SUPERVISION**

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\*\* Description of student rating of teaching scale:

“Overall, I rate this instructor an excellent teacher: (5 = highest rating; 1 = lowest rating).”

†† Significant course redesign.

‡‡ New curriculum was developed.

**YEAR COURSE**

**LEVEL ENROLLED RATING\*\* TYPE**

**INSTRUCTOR OF RECORD**

F18	<b>Introduction to Peace &amp; Conflict Studies,</b> UAB††	UG	37	4.9	Online
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**CO-INSTRUCTOR**

F23	<b>Becoming Insider Reconcilers,</b> GMU‡‡ (Co-Instructor: Antti Pentikäinen, M.Th.)	G	9		In-Person
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F20	<b>Wellbeing &amp; Peacebuilding,</b> GMU‡‡ (Co-Instructor: Marc Gopin, Ph.D.)	UG/G	15		Online
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**TEACHING ASSISTANT**

SP22	<b>Grounded Theory Analysis,</b> GMU (Instructor: Karina Korostelina, Ph.D.)	G	3		Online
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SP21	<b>Qualitative Research Methods:</b>	PhD	9		Online
SP20	<b>Humanities,</b> GMU (Instructor: Marc Gopin, Ph.D.)		13		Hybrid

F20	<b>World Religions, Diplomacy &amp; Conflict Resolution,</b> GMU (Instructor: Marc Gopin, Ph.D.)	G	20		Online
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SP20	<b>Ethics of Intervention &amp; Conflict Resolution Practice,</b> GMU‡‡ (Instructor: Marc Gopin, Ph.D.)	G	2		Hybrid
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F17	<b>Politics and Cultures of the Middle East &amp; North Africa,</b> UAB	UG	40		In-Person
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(Instructor: Tina Kempin Reuter, Ph.D.)

## INVITED LECTURES & SEMINARS

- 2023 Sherwood, N. R. **Sherwood, N. R.** *Expressing the inexpressible: A practice of psycho-spiritual resiliency. Careers in peace and conflict resolution.* “Identity, Culture & Conflict” (Undergraduate) w/Karina V. Korostelina, Ph.D. George Mason University, Fairfax, VA, USA.
- 2022 **Sherwood, N. R.** *History of grounded theory.* “Grounded Theory Analysis” (Graduate) w/Karina V. Korostelina, Ph.D. George Mason University, Arlington, VA, USA.
- 2021 **Sherwood, N. R.** *Expressing the inexpressible: A practice of psycho-spiritual resiliency.* “Facilitation Techniques” (Graduate) w/Patricia Maulden, Ph.D. George Mason University, Arlington, VA, USA.
- Sherwood, N. R.** *Hope as a peacebuilding practice.* “Conflict Resolution Techniques and Practices” (Undergraduate) w/Patricia Maulden, Ph.D. George Mason University, Arlington, VA, USA.
- Sherwood, N. R.** *Hope and the psychology of peacemaking.* “Building Peace in Divided Societies” (Undergraduate / Graduate) w/Patricia Maulden, Ph.D. George Mason University, Arlington, VA, USA.
- 2020 **Sherwood, N. R.** *Autoethnography: Analyzing self, culture & method.* “Qualitative Research Methods in the Humanities” (Doctoral) w/Marc Gopin, Ph.D. George Mason University, Arlington, VA, USA.
- Sherwood, N. R.** *Jonathan Haidt’s moral psychology & the ethics of intervention in conflict zones.* “Ethics of Intervention & Conflict Resolution Practice” (Graduate) w/Marc Gopin, Ph.D. George Mason University, Arlington, VA, USA.
- Sherwood, N. R.** *Positive psychology & the ethics of intervention in conflict zones.* “Ethics of Intervention & Conflict Resolution Practice” (Graduate) w/Marc Gopin, Ph.D. George Mason University, Arlington, VA, USA.
- 2017 **Sherwood, N. R.** *The oasis of peace: Interpersonal and political reconciliation in Neve Shalom / Wabat al-Salam.* “Middle Eastern Politics” (Undergraduate) w/Tina Kempin Reuter, Ph.D. The University of Alabama at Birmingham, Birmingham, AL, USA.
- 2014 **Sherwood, N. R.** *Recognizing and combatting sex trafficking on the local and international level.* “Introduction to International Relations and Comparative Politics” (Undergraduate) w/Tatiana Rizova, Ph.D. Christopher Newport University, Newport News, VA, USA.

## STUDENT MENTORSHIP

<u>STUDENT</u>	<u>LEVEL</u>	<u>CURRENT POSITION</u>	<u>YEARS MENTORED</u>
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### Undergraduate Research Scholars Program (GMU)

Merisa Mattix	BA/MS	URSP Scholar	Summer 2022
Hannah J. Adamson	BA/MS	URSP Scholar	Summer 2022
Greta Roberson	BA	URSP Scholar	Summer 2022

### Mary Hoch Center for Reconciliation (GMU)

Amanda Peña	BA	Public administration professional	2022 – 2023
Rafacla Lucioni	BA	BA student	2022

Greta Roberson	BA	MPhil student	2022 – 2023
Beltina Gjeloshi	PhD	PhD candidate (conflict analysis & resolution)	2022 – 2023
Jena K. Kitchen	MS	MS student; NGO programs professional	2021
Merisa Mattix	BA/MS	MS student	2021 – Current
Kelsey Vaughn	BA	MPhil student	2021
Cam Cassar	MA/MS	NGO communications professional	2020 – 2022
Monica Ghani	BS	University grant professional	2020 – 2022
Hannah J. Adamson	BA/MS	MS student	2020 – Current
Amelia Johnston	BA	AmeriCorps professional	2020 – 2021
Oakley T. Hill	MS/PhD	PhD student (conflict analysis & resolution)	2020 – 2023
Natalia Kanos	BA	MPA candidate	2020

### **Center for World Religions, Diplomacy, and Conflict Resolution (GMU)**

Soph Zelizer	BA	MSW student	2020
Nora Malatinszky	MS	NGO development professional	2020
Abigail St. E. Bilby	BA	NGO development professional	2020 – 2021
Madeline Anderson	BA	MA candidate	2020 – 2021

### **Social Science Research Lab (UAB)**

Halie Nozolino	BS	Medical services professional	2018 – 2019
Urmeela Podder	BS	Medical student	2017 – 2019
Gopiann Shah	BS/MPH	Medical student	2017 – 2019

### **Institute for Human Rights (UAB)**

Thomas Rooney	BS	BFA student	2017
Lindsey Reid	BSW	BSW student	2017 – 2019
Aseel Hajazin	BPH/MPH	Physician assistant	2017 – 2019
Tyler Goodwin	BA	US federal policy professional	2017 – 2019
Marlee Townsend	BA	Digital marketing professional	2017 – 2019

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## **CONFLICT RESOLUTION PRACTICE**

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### **PROFESSIONAL EXPERIENCE**

1/2024 – present	<b>Mental Health and Psychosocial Support Advisor</b> Think Peace Learning and Support Hub, New York, NY, USA
6/2023 – present	<b>Wellbeing Expert</b> The Parachute People, Columbus, OH, USA
10/2022 – 7/2023	<b>Founding Member</b> Advocacy Network on Mental Health/Psychosocial Support in Peacebuilding in the Horn of Africa

Think Peace Learning and Support Hub  
Mary Hoch Foundation, New York City, NY, USA

7/2021 – 8/2023

**Associate Director**

Mary Hoch Center for Reconciliation  
George Mason University, Arlington, VA, USA

10/2020 – 12/2022

**Co-Founder**

Community of Practice (CoP) on Psychosocial Support in Peacebuilding  
Think Peace Learning and Support Hub  
Mary Hoch Foundation, New York City, NY, USA

3/2020 – 10/2020

**Online Resources Coordinator / Peer Support Group Facilitator**

Psychosocial Support for Peacebuilders During COVID-19 Task Force  
Mary Hoch Center for Reconciliation  
George Mason University, Arlington, VA, USA

10/2019 – 4/2023

**Board of Directors**

The Parachute People, Columbus, OH, USA

1/2019 – 10/2019

**Director of Community Engagement**

The Parachute People, Columbus, OH, USA

6/2017

**Court Rapporteur**

Division of Economic & Social Affairs  
The United Nations, New York, NY, USA

**FIELDWORK**

6/2023

Tennessee, USA

10/2022 – 11/2022

Kenya

6/2022

Tennessee, USA

8/2021 – present

Georgia, USA

5/2020 – 8/2020

Georgia, USA

12/2019 – 1/2020

Israel / Palestine

12/2019

Oman

6/2019

Tennessee, USA

**FACILITATION EXPERIENCE**

2023 **Sherwood, N. R.**, Schwartz, D. & Jarque, G. *Resilience building: Building peace for the peacebuilders*. Bonnaroo Music & Arts Festival 2023, Manchester, TN, USA.

**Sherwood, N. R.** & Hearst, S. *Preventing burnout when you give a damn*. Bonnaroo Music & Arts Festival 2023, Manchester, TN, USA.

**Sherwood, N. R.**, Schwartz, D., Michael, K., Holgado, R., Goffe, A., Hearst, S. & Still, C. *How play sparked a social movement*. The Parachute People Mental Health Panel Series 2023, Bonnaroo Music & Arts Festival 2023, Manchester, TN, USA.

- Sherwood, N. R.**, Walter, R., Still, C. Goffe, A. & Holgado, R. *Play it Forward: Celebrating our Roots with the Columbus OH Community*. The Parachute People Mental Health Panel Series 2023, Columbus, OH, USA.
- 2022 **Bridges-Patrick, C. & Sherwood, N. R.** *Perceptions of international partners, practitioners, and beneficiaries on mental health in peacebuilding practice*. MHPSS in Peacebuilding Co-Creation Workshop & Stakeholders Meeting 2022, Diani Beach, Kenya.
- Sherwood, N. R.** & Namachanja Wanjala, T. *Current state of integrating MHPSS and PB practices*. MHPSS in Peacebuilding Co-Creation Workshop & Stakeholders Meeting 2022, Diani Beach, Kenya.
- Sherwood, N. R.** & Bridges-Patrick, C. *Understanding the psychosocial impacts of violence and peace on the social fabric*. MHPSS in Peacebuilding Co-Creation Workshop & Stakeholders Meeting 2022, Diani Beach, Kenya.
- Sherwood, N. R.** & Schwartz, D. *The day the music (almost died)*. Bonnaroo Music & Arts Festival 2022, Manchester, TN, USA.
- Hearst, S., Goffe, A., Jarque, J. & **Sherwood, N. R.** *Games 'Roo people play: Find your CROO*. Bonnaroo Music & Arts Festival 2022, Manchester, TN, USA.
- Sherwood, N. R.**, Hearst, S., Goffe, A., & Jarque, J. *Games 'Roo people' play: Strangers to festive besties*. Bonnaroo Music & Arts Festival 2022, Manchester, TN, USA.
- Sherwood, N. R.**, Jenkins, J., Jarque, G. & Schwartz, D. *Bringing home the spirit of Bonnaroo: A how-to on resilience communities*. Bonnaroo Music & Arts Festival 2022, Manchester, TN, USA.
- 2021 **Sherwood, N. R.**, Hanessian, L. & Carlsson, L. *Finding peace among peacebuilders: A conversation on organizational health and wellbeing practices among peace and justice seeking organizations and practitioners*. Healing and Justice Community of Practice at the Mary Hoch Center for Reconciliation, Arlington, VA, USA.
- Sherwood, N. R.** *Widening our circle: Recruiting & onboarding*. The Parachute People Board of Directors Retreat, Columbus, OH, USA.
- Sherwood, N. R.** *Expanding who we are: Identity & inclusion*. The Parachute People Board of Directors Retreat, Columbus, OH, USA.
- 2020 **Drew, P., Sherwood, N. R.** & Jackson, A. *Resilience during challenging times: Building an action plan*. Mary Hoch Center for Reconciliation board training, New York, NY, USA.
- Sherwood, N. R.** *Creating well-being: Facilitating resilience, emotional intelligence, and self-understanding*. The Parachute People Board of Directors retreat, Nashville, TN, USA.
- 2019 **Sherwood, N. R.** & Pentikäinen, A. *Expressing the inexpressible: A practice of psycho-spiritual resiliency*. Al Amana Centre Retreat for Spiritual Reconcilers, Muscat, Oman.
- Sherwood, N. R.**, Jenkins, J., Jarque, G., Schwartz, D. & Holgado, R. *The Parachute People presents: Resilience and resolution at Bonnaroo 2019*. Bonnaroo Music & Arts Festival 2019, Manchester, TN, USA.
- Sherwood, N. R.**, Jenkins, J., Jarque, G. & Schwartz, D. *Conflict resolution in day-to-day life*. The Parachute People Board of Directors retreat, Nashville, TN, USA.

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## SERVICE TO PROFESSION

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‡ Cancelled due to COVID-19

## PEER REVIEW ACTIVITY

## **Academic Journals**

*AIDS Care* (1)

*Peace and Conflict: The Journal of Peace Psychology* (1)

*Psychological Trauma: Theory, Research, Practice, and Policy* (7)

## **Book Publishers**

Routledge

NeuroPeace

## **Conference Papers/Programs**

GMU Carter School Graduate Research Symposium

American Psychological Association Convention

International Studies Association Convention

Psychology & Peace Conference

## **CONFERENCE ORGANIZING**

### **2023 Co-Chair**

Carter School 2023 Student Research Symposium

George Mason University, Arlington, VA, USA

### **2022 Programming Assistant**

International Studies Association 2022 Convention

Nashville, TN, USA

### **2021 Technical Panel Moderator**

International Studies Association 2021 Convention

Virtual

### **Board of Directors‡**

The Praxis Conference 2021

George Mason University, Arlington, VA, USA

### **2020 Programming Assistant‡**

International Studies Association 2020 Convention

Honolulu, HI, USA

### **2019 Programming & Marketing Coordinator**

Symposium on Disability Rights

University of Alabama at Birmingham, Birmingham, AL, USA

### **2018 Programming & Marketing Coordinator**

Symposium on Bystanders & Complicity in Nazi Germany & Jim Crow South

University of Alabama at Birmingham, Birmingham, AL, USA

### **2017 Executive Committee Member & Marketing Coordinator**

Peace & Justice Studies Association 2017 Conference

University of Alabama at Birmingham, Birmingham, AL, USA

## **GEORGE MASON UNIVERSITY**

- 2021 – 2022 **Faculty Board Representative**  
The Carter School
- 2021 – 2023 **Education & Health Research Student Representative**  
Center for Social Science Research  
College of Humanities and Social Sciences
- 2021 – 2022 **Student Handbook Committee Member**  
The Carter School
- 2021 – 2023 **UN Sustainable Development Goal 16 Student Representative**  
The Carter School
- 2021 – 2023 **Research Committee Representative**  
The Carter School
- 2020 – 2021 **Ph.D. Student Mentor**  
Carter School Buddy Program  
The Carter School
- 2019 – 2023 **Student Associate**  
Center for Resilient and Sustainable Communities

## **UNIVERSITY OF ALABAMA AT BIRMINGHAM**

- 2018 – 2019 **Academic Growth Chair**  
Society of International Psychology Students  
Department of Psychology
- 2018 – 2019 **Secretary**  
Society of International Psychology Students  
Department of Psychology
- 2017 – 2019 **Editor**  
Institute for Human Rights Blog  
College of Arts and Sciences

## **CHRISTOPHER NEWPORT UNIVERSITY**

- 2013 – 2014 **Community Outreach Coordinator**  
Where Is The Line Student Association
- 2013 – 2013 **Volunteer Social Worker**  
REACH Alternative Breaks Student Association



2012 – 2013 **President**  
National Alliance on Mental Illness (NAMI) Student Association

## **OTHER PROFESSIONAL ACTIVITIES AND SERVICE**

2021 – 2022 **Faculty Application Proofreader**  
Scholars at Risk  
Columbia University, New York, NY, USA

2020 – 2022 **Open Reconciliation Portal Editorial Committee Member**  
Inclusive Peace, Geneva, Switzerland

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## **SELECTED MEDIA COVERAGE**

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2020 Kolesar, Z. *Parachute People find a way to bring joy during a pandemic*. 614 Now.  
<https://614now.com/2020/culture/parachute-people-find-a-way-to-bring-joy-during-pandemic>  
Zeitz, P. S. *When faith and fellowship kills*. CEOWorld Magazine.  
<https://ceoworld.biz/2020/04/10/when-faith-and-fellowship-kills/>  
BAM 2020. *Experts recommend restrictive physical distancing orders during religious gatherings during Easter, Passover, and Ramadan*. COVID-19 Emergency Response Group.  
<https://www.bam2020.world/experts-recommend-restrictive-physical-distancing-orders-during-religious-gatherings-during-easter-passover-and-ramadan/>

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## **RELATED PROFESSIONAL SKILLS**

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### **CERTIFICATIONS**

2023 **Safeguarding Essentials in Humanitarian Development**  
Humanitarian Leadership Academy

2022 **Preparing for Careers in the Academy: Certificate of Completion**  
George Mason University Office of the Provost

2021 **Tools for an Ethical Workplace**  
George Mason University

2019 **Collaborative Institutional Training Initiative Certificate**  
Human Research, IRB Training – Social and Behavioral  
Record ID: 24735022

**Collaborative Institutional Training Initiative Certificate**  
Human Research, IRB Training – Humanities  
Record ID: 33373800

**Collaborative Institutional Training Initiative Certificate**  
Responsible Conduct of Research – Basic Course  
Record ID: 24735025

2017 **Safe Zone 101 / Trans 101 Certificate**

Multicultural & Diversity Programs  
University of Alabama at Birmingham  
2012 **National Institute of Health Certificate**  
Human Subjects Training, Ethics in Psychology

### **RELATIONAL**

Effective team leader and collaborator with excellent communication and interpersonal skills for diverse populations; conflict de-escalation, management, resolution, and transformation; experience serving populations with mild to profound mental illness, survivors of trauma, and culturally diverse individuals and collectives; individualized mentorship and supervision styles.

### **TECHNICAL**

Microsoft Office Suite; Mac iOS; Google Drive; OneDrive; Drop Box; Slack; MyEmma; WordPress; database literature searches; MAXQDA; NVivo; EndNote; Canvas; Blackboard; grant writing; Squarespace.

### **LABORATORY**

Mixed-methods research design, from conceptualization of original projects to dissemination; developing and administering novel data collection methods, including interviews (structured, semi-structured, and unstructured), scales, surveys, focus groups, and experiments; analyzing qualitative data (e.g., content and thematic analysis, grounded theory); community-based/ participatory action research; applied and translational research; transdisciplinary focus.

### **LANGUAGES**

English	native speaker
Spanish	basic knowledge
Arabic	basic knowledge

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### **OTHER WORK EXPERIENCE**

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1/2021 – 6/2021	<b>Fundraising Officer</b> Center for World Religious, Diplomacy, and Conflict Resolution George Mason University, Arlington, VA, USA
1/2021 – 2/2021	<b>Grant Writer</b> UNHR, Geneva, Switzerland
8/2019 – 12/2020	<b>Marketing Coordinator</b> Center for World Religions, Diplomacy, and Conflict Resolution George Mason University, Arlington, VA, USA
1/2017 – 8/2019	<b>Marketing Coordinator</b> Institute for Human Rights The University of Alabama at Birmingham, Birmingham, AL, USA
2/2016 – 2/2017	<b>Farmer's Market Vendor &amp; District Manager</b>

Cultured South Fermentation Co., Athens and Atlanta, GA, USA

8/2015 – 11/2021 **Bartender & Bar Back**  
Various (e.g., Georgia Bar, Flicker, Old Pal), Athens, GA, USA

8/2015 – 12/2016 **Barista**  
Sips Espresso Café, Athens, GA, USA

8/2012 – 12/2014 **Barista**  
CNU Einstein's Café, Newport News, VA USA

5/2012 – 8/2012 **Camp Counselor**  
YMCA Camp Thunderbird, Chester, VA, USA

8/2010 – 12/2012 **Student Assistant**  
CNU Office of Admission, Newport News, VA USA

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## PROFESSIONAL MEMBERSHIPS / AFFILIATIONS

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### CURRENT

American Psychological Association (APA; 2018 – present)  
Division 5 – Quantitative and Qualitative Psychology  
Division 8 – Society for Personality and Social Psychology  
Division 45 – Society for the Psychological Study of Culture, Ethnicity, and Race  
Division 48 – Society for the Study of Peace, Conflict, and Violence: Peace Psychology  
Division 52 – International Psychology  
Division 56 – Trauma Psychology

Atrocity Prevention Study Group (APSG; 2019 – present)

Conflict Research Society (CRS; 2020 – 2022)

International Studies Association (ISA; 2018 – present)  
Peace Studies Section  
Global Health Section  
Lesbian, Gay, Bisexual, Transgender, Queer & IA Caucus

### PAST

Association for Psychological Science (APS; 2012 – 2013)

APA Division 24 – Society for Theoretical and Philosophical Psychology (2018 – 2021)

APA Division 32 – Society for Humanistic Psychology (2018 – 2021)

National Alliance on Mental Illness (NAMI; 2011 – 2013)

Peace and Justice Studies Association (PJSA; 2017 – 2019)

Virginia Department of Criminal Justice Services (VDCJS; 2012 – 2014)

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## REFERENCES

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Karina V. Korostelina, Ph.D. (*Dissertation committee chair*)

Professor of Conflict Analysis and Resolution and Psychology  
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Richardson, TX, USA 75080  
+1 972 883 4969  
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Tina Kempin Reuter, Ph.D. (*Thesis committee chair*)

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Anthropology & Social Work  
Director, Institute for Human Rights  
Director, Center for Social Science and Justice Research

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Birmingham, AL, USA 35294  
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Dean, College of Social Sciences  
Associate Professor of Comparative Politics and International Affairs  
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1 Avenue of the Arts, VA, USA 23606  
+1 757 594 7971  
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Founder & Chair of the Board of Directors  
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